



Robbie Zicari
Golf Fitness Professional



Personal Training at Mill Run Fitness Centre (per session)

TPI Screening	\$30
One on One	\$40
Two People	\$70

Bundles at Mill Run Golf Club Fitness Centre

10 Sessions	\$360
15 Sessions	\$525
20 Sessions	\$680
30 Sessions	\$1000

Customs Plans (online)

6-week Plan	\$200
3 Month Plan	\$150/month
6 Month Plan	\$140/month
Full Year Plan	\$125/month

Robbie Zicari, NASM, canfitpro, TPI Certified
Golf Fitness Professional
Mill Run Golf Club
rzicari@golfmillrun.com
905-852-6212 ext. 240